"During my toughest time, I kept a positive outlook. I wanted to get back to school which I did and graduated. Seven years later I am cancer-free and feel great."

— *Jennifer Martin, 2005 LFC Beacon of Hope*

Notes

"Our greatest glory is not in never falling but in rising every time we fall." — *Confucius*

Notes

"The only way of finding the limits of the possible is by going beyond them into the impossible." *— Arthur C. Clarke*

Notes

"When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us." — *Helen Keller*

Notes

"To climb steep hills requires a slow pace at first." — *Shakespeare*

Notes

"The passion I have for life comes from the lessons I learned from living with lymphoma. I take every opportunity to do as much as I can because every day really counts and I appreciate the little things in life." — *Christina Loch, 2006 LFC Beacon of Hope*

Notes

"I would suggest that how we think about our lives, our plans, our loved ones and our future, is as important as what we think."

— *Brian Stabler PhD, clinical psychologist and long-time lymphoma survivor*

Notes

"The strongest oak tree in the forest is not the one that is protected from the storm and hidden from the sun. It's the one that stands in the open where it is compelled to struggle for its existence against the winds and rains and the scorching sun."

— *Napoleon Hill, 1883-1970, author of Think and Grow Rich*

Notes

"Stress occupied my life before my diagnosis and I couldn't see what the important things in life were at the pace I was moving. My diagnosis forced me to slow down and really examine my life, for that I'm grateful. After my successful treatment program, I have returned to living a normal life, full-time work and the birth of a wonderful son " — *Amy Maraone, 2004 LFC Beacon of Hope*

Notes

"I now feel that I live in a different world. On the outside nothing has changed, but inside, everything is different. Every day has meaning and I am determined to live that way." — *Maureen Paquet, 2006 LFC Beacon of Hope*

Notes