

HAMILTON LIVING WELL WITH LYMPHOMA

A Patient and Family Education Event
HAMILTON CONVENTION CENTRE

Preliminary Agenda:

8:30- 9:00	Registration
9:00-9:15	“Welcome” Dr. Ralph Meyer, MD, FRCPC) President, Juravinski Hospital & Cancer Centre at Hamilton Health Sciences Regional Vice-President, Cancer Care Ontario Sue Robson- ED Lymphoma Canada
9:15-10:00	“Lymphoma: Understanding the Basics” Presented by: Dr. Ronan Foley, MD, FRCPC Director, Stem Cell Laboratory, Hamilton Health Sciences Associate Professor, Pathology and Molecular Medicine, McMaster University
10:00-10:45	“New and Upcoming Treatments for Lymphoma” Presented by: Dr. Tom Kouroukis, MD, MSc, FRCPC Hematology Lead, Juravinski Hospital & Cancer Centre Associate Professor, Department of Oncology, McMaster University
10:45- 11:00	BREAK
11:00-11:45	“What to do when Your Get Up and Go Got Up and Left” Presented by: Deborah M. Evans, RN, MScN, CON(C), CHPN(C) Clinical Nurse Specialist Pain and Symptom Management Team Juravinski Cancer Centre
11:45-12:30	“How to Use Exercise Help? Research and Practical Tips” Presented by: Oren Cheifetz Physiotherapist, Clinical Specialist – Oncology

Juravinski Cancer Centre

12:30-1:30 LUNCH

1:30-2:15 **"Maximizing Wellness as a Lymphoma Survivor"**
Presented by: Jennifer Wiernikowski, MN, NP-Adult, CON(C)
Nurse Practitioner
Hematology Program
Juravinski Cancer Centre

2:15 – 2:45 **"Nutrition Advice from a Non-Nutritionist"**
Dr. C. Tom Kouroukis, MD, MSc, FRCPC
Hematology Lead, Juravinski Hospital & Cancer Centre
Associate Professor, Department of Oncology, McMaster University

2:45 – 3:00 Lymphoma Canada-Sue Robson-Executive Director

3:00 – 3:15 Patient Video & Closing
