



School Transition Tips

School transition tips:

- Take it easy and remember that your health is your number one priority – do not be afraid to ask for help.
- Contact your friends and schoolmates to get updates about changes to your courses or campus life.
- Visit your campus for a few social events before going back, regardless of whether you are returning on a full-time or part-time basis.
- Meet with a close friend for the first few days that you are on campus to help you get comfortable with your transition back to school.
- Share your lymphoma experience with certain individuals and be prepared to handle insensitive questions or comments.