



---

# Seeing a Counselor

---

Questions to ask when seeking a counselor:

1. What education background do you have?
2. What professional license do you have?
3. What is your experience working with people with lymphoma?
4. What do you understand about the emotional response to lymphoma?
5. Will the costs be covered by my insurance?
6. Do you work with people who are anxious or depressed?
7. Do you know community resources for people with lymphoma?